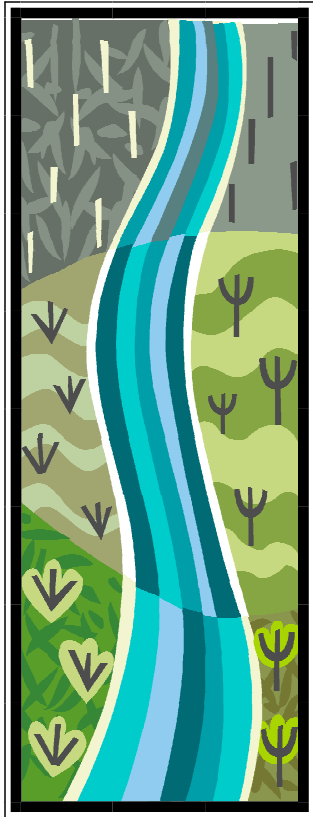


Living Waters

Volume 6, Issue 3

March 2010



News From Our District Superintendent Dennis Ackerman



Friends and Colleagues:

Sitting around the Cabinet table during the appointive season is an enlightening experience. It is amazing to see the needs of the local churches and the gifts of the pastors being considered and discerned for effective matches. It is not a perfect process, but it is one filled with faith of the heart and with missional effectiveness in mind.

I am asking for your prayers for myself, the Bishop and Cabinet, and for all of us as the process plays out and we seek God's will for the ministry of our Annual Conference. We all need to surround all that we do with our prayers. I covenant to continue to be in prayer for you and the ministries that you have responsibility for leading. Both laity and clergy are in my prayers as we seek to be faithful to God's call for our churches.

As we move through Lent and prepare for the celebration of the resurrection, I am humbled to realize anew the love and grace that God has provided for us through Jesus Christ. As Paul reminds us, "... all have sinned and fall short of the glory of God." Paul goes on to remind us that we are "... justified by His grace as a gift, through the redemption which is in Christ Jesus,...."

I encourage us to live in the "gift" which God has given. All of the pressures of ministry and living in faith are mediated in the light of God's grace which is shining in our lives. We are God's people and called to seek God's will to make a difference where we are and with whom we relate. We need to live in the "gift" and claim the real, God driven work that is ours to do. So, let us pray for one another! Let us surround one another with the "gift" of God's love and grace. Pray!

Thanks be to God!

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Of Possible Interest to You:

"Fill My Cup" Women's Retreat by Rev. Billie Blair of Tallgrass Spiritual Retreat Center --Saturday, March 6th, 9:30am-3:00pm at --Overbrook United Methodist Church --Lunch provided; bring your favorite coffee or tea cup and a friend. Call 785-665-7345 to register (no fee). All women are invited.

Rev. Harriett Bechtle wants to thank all those that have sent cards, flowers and notes. She will remain in Spring Hill for the next 3 weeks. She can receive any mail at:

KE Rev. Harriett Bechtle

Golden Living Center

251 East Wilson

Spring Hill, KS 66083

Check Out These Free Websites

Sparkpeople at www.sparkpeople.com

Great for tracking weight loss, nutrition, and fitness progress. You can set a goal, see how long it will take, find great recipes.

www.Loseit.com

iPhone and iPod Touch free application.

Succeed at weight loss using your iPhone. Set goals, track calories, exercise and monitor your results with get reports.

Online radio at www.Pandora.com

Create your own radio stations

Get a free heart health assessment at <http://mylifecheck.heart.org>. This is the American Heart Institute's official website.

Calculate your BMI (body mass index) To determine BMI using pounds and inches, multiply your weight in pounds by 704.5 then divide the result by your height in inches, and divide that result by your height in inches a second time. After that, see where you fit on the "healthy weight" guide. There are also recipes and even tips for those who are diabetic.

Find out why it's so important to track your blood pressure and cholesterol.

Five Rivers District Prayer Calendar 2010

March 7th Baker University
Rev. Dr. Ira DeSpain

March 14th Pleasanton-Prescott
Pastor Gary DeMott

March 21st Lyndon
Rev. Michael McKee

March 28th Eudora
Rev. Michael Tomson-Degreeff

March Birthdays

2nd Barbara Clinger

21st Donna Voteau

21st Beth Hodgson

23rd Jim Hopwood

25th Glen Duderstadt

25th Charles Russell

31st Jada Hodgson

About Us

Five Rivers District is a geographical and administrative subdivision of the Kansas East Conference. The boundaries of the district have been determined by the Bishop after consultation with the district superintendent. A district consists of all the pastoral charges within it's boundaries. Primary duties of this administration and office relate to overseeing and supporting the work of the local churches, including presiding at Charge or Church Conference and supervision the work of pastors including participation with the Bishop in the making of appointments.

Please call with any questions or if we can be of service to you or your local church. If we don't have the resources in our office, we will try to find them or direct you to the right person or office. Church records are currently archived at Baker University. If you know someone that would enjoy receiving this newsletter, please let us know. We are on the web at www.fiveriversdistrict.com.

WesleyKU News

Connect with College Students

WesleyKU meets for a meal on Sunday evening at Lawrence Central UMC at 6:30 p.m. If you, your family, your small group, or UMW circle would like to provide a meal for these students contact Pastor Becky at 913-403-6248 or pstrbecky@gmail.com. This is a great way to connect with college students. They appreciate the food and your fellowship with them. If you are unable to cook, but would still like to help a \$50 donation would provide food for the students.

KU Students

If you are familiar with students who attend the University of Kansas, please give Becky Johnson their names and contact information. She may be reached at 913-403-6248 or pstrbecky@gmail.com.

Blessings,
 Becky Johnson
 WesleyKU
www.wesleykuministry.com
 785-841-7500 xt. 117
 913-403-6248



WesleyKU Band at Worship



Student Leadership Team
 Rev. Becky Johnson on the right in red



Sunday Night Live meal-

March Calendar

- 2-3 Cabinet in Wichita
- 4 New Church
Development 10 am-4 pm
- 4 District Leadership
Team Meeting 6:30 pm
District Office
- 5-6 Confirmation Spiritual
Retreat Event at Camp
Chippewa
- 6 Fill My Cup Women's
Spiritual Retreat at Over
brook UMC
- 9-10 Cabinet in Wichita
- 14 One Great Hour of
Sharing
- 16-18 Cabinet in Wichita
- 23-24 Appointive Cabinet
- 24 Investment Plan Seminar
Humboldt UMC
(see insert)
- 30-31 Appointive Cabinet

Save the Date

April 23-24th

Women's Conference

Living My Life Like It's
Golden II see page 5

May 10-13

Confabulation Youth
Worker's Training

June 9-12

KE Annual Conference

March 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
<i>One Great Hour of Sharing</i>						
21	22	23	24	25	26	27
28	29	30	31			

Mount Sequoyah

Caring for Creation Conference

The third annual Caring for Creation conference will be held April 16-18 at Mount Sequoyah Conference and Retreat Center in Fayetteville, Arkansas. The conference is designed to connect members of faith with a supportive community that works collectively to nurture and celebrate God's creation. Additional opportunities at the conference include workshops, worship,

networking and plenary speakers. Register Now!

Contact: Marilyn at programs@mountsequoyah.org or 800-760-8126

Interfaith Church Security & Intruder Awareness/Response Seminar

April 20 & 21 at Mount Sequoyah Conference Center. This seminar will give you the tools to start a church safety/security ministry, improve your current plan, and training for church employees (ushers, secretaries,

greeters, reception, etc.) on recognizing behavioral precursors or suspicious behavior. \$185 for Day 1; \$295 for both days. For details contact Marilyn at 800-760-8126, programs@mountsequoyah.org or www.mountsequoyah.org. To register online for the seminar <http://www.intruderresponse.com/registration.html> for lodging and meals contact Mount Sequoyah.

Women's Conference *Living My Life Like It's Golden II*

Asbury Mount Olive UMC

1196 SW Buchanan St

Topeka, KS

April 23, 2010

Praise and Worship 7:00 PM

Dinner will be sold at 5:30 pm

(sit down or take out 7.00 per plate)

Select two workshops from these great choices: for the 24th

Single But Not Ashamed

It's Time To Bury R.A.C.H.E.L.

Bent But Not Broken

What Is Your Issue

Work With What You Have

Holy Humor

Bag Lady

All workshops will be held at Lowman United Methodist Church

4000 S.W. Drury Lane

Topeka, KS 66604

785-242-8921

Contact Person:

Beverly Cushinberry 785-232-6801

Registration for *Living My Life Like It's Golden II*

Name _____

Address _____

Phone Number _____

E-Mail _____

Church _____

List Your Selected Workshop: Morning _____ Afternoon _____

Please enclose a check for registration fee

Early Registration Fee-\$30.00 per person

(must be postmarked before 3/15/10)

After 3/16/10 Registration Fee \$40.00 per person

Conference t-shirts-\$10.00 (S,M,L,XL, XXL)

Continental Breakfast for Saturday's session at

8:15 am. Circle one for lunch- Beef, Ham, Turkey

**FIVE RIVERS DISTRICT OFFICE
NEWSLETTER
DISTRICT MISSION STATEMENT:
CULTIVATING CHRISTIAN GROWTH**

The United Methodist Church
809 Seventh, #1
P.O. Box 565
Baldwin City, KS 66006-0565

Phone: 785-594-4804
Fax: 785-594-4820
E-mail: Fiverivers@embarqmail.com

Kansas Bishop Scott Jones

District Superintendent: Rev. Dr. Dennis Ackerman

Administrative Assistant, Newsletter Editor: Marvé Ralston



Kansas East Conference
Mission Statement:

To connect and empower people and churches in living out the Gospel's call to invite, nurture, equip and send forth disciples of Jesus Christ.

Youth Workers and Youth Opportunities

Youtheology Youth Worker's Gathering at Saint Paul School of Theology, Kansas City, Mo.

April 23-24th, 2010 This is a Friday-Saturday training with housing available on campus or at nearby hotels. Brenda Davids is presenting one of the workshops. More information and online registration is available at spst.edu. A paper application is available online as well.

Confabulation Youth Worker's Training At Church of the Resurrection, Leawood, KS (KC

area) May 10-13, 2010. This training is designed for the 1st-5th year youth worker and will occur during the week. Housing is available at nearby hotels. More information and online registration is available at cor.org.

Institute:

This week-long experience is sponsored by the East Conference, and is open to youth completing the 8th to 12th grades. It focuses on deepening personal relationship with God and others through spiritual growth.

Dates of Institute

June 21st-26th

July 19th-24th

Location is:

Baker University

Community Life Coordinators:

Rev. Eduardo Bousson (June)

Rev. Nancy Kollhoff (July)

"Through humor, you can soften some of the worst blows that life delivers. And once you find laughter, no matter how painful your situation might be, you can survive it."

Bill Crosby